



# PRINCE SHRI VENKATESHWARA PADMAVATHY ENGINEERING COLLEGE

## HEALTH BENEFITS & FOOD HABITS FOR COVID-19



**Ms.SHANKARI, WELLNESS COACH**

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<https://us04web.zoom.us/j/78559310714?pwd=Qmk3d2pUY0ExSXRIUytkQmF2S1pwZz09>