



PRINCE Shri Venkateshwara Padmavathy Engineering
College, Ponmar
(Affiliated to Anna University, Approved by AICTE & ISO 9001:2015 Certified Institution
Medavakkam - Mambakkam Road, Ponmar, Chennai - 600 127)

PHYSICAL FITNESS - AWARENESS PROGRAM

Training program on “Overcoming the
challenges in wellness”

28 December 2018

Guest Speaker:

Mr. Shan, Physical Trainer