

## PRINCE SHRI VENKATESHWARA PADMAVATHY ENGINEERING COLLEGE

(Affiliated to Anna University, Approved by AICTE & ISO 9001:2015 Certified Institution)
Medavakkam – Mambakkam Road, Ponmar, Chennai – 600 127



## YOGA FOR HEALTH

Health related YOGA fitness program

5.30-6.30

11th May to 15th May 2020